

# BREAKFAST

*Start Your Day With Fresh Squeezed Juice*

*Fresh Squeezed Orange OR Fresh Squeezed Grapefruit*

*Regular 6 | Large 7*

## PASTRIES, FRUIT & CEREAL

*Freshly baked breakfast breads and pastries from our Atlantis bakery*

<b>WARM CORNBREAD</b>	3	<b>HOT BREAKFAST CEREAL</b>	7
With honey butter		Steel cut oatmeal or cream of wheat, 2% milk, raisins and brown sugar	
<b>ASSORTED BREAKFAST PASTRIES</b>	4.25	<b>COLD BREAKFAST CEREAL</b>	5
Fruit or cheese filled		Choose your favorite, with 2% milk	
<b>TOAST</b>	2.50	<b>YOGURT PARFAIT</b>	7
Wheat, white, rye, sourdough or English muffin		Vanilla & strawberry yogurt, fresh berries and granola	
<b>BLUEBERRY OR BRAN MUFFIN</b>	4.25	<b>FRESH SEASONAL FRUIT</b>	6
<b>BAGEL &amp; CREAM CHEESE</b>	4.49	<b>BANANAS &amp; CREAM</b>	4
<b>MAMMOTH CINNAMON ROLL</b>	4.25	<b>HALF GRAPEFRUIT</b>	4
<b>PECAN CARAMEL STICKY BUN</b>	4.25		
<b>HOT BISCUIT</b>	3		

## SIDES

<b>EGGS</b>	ONE 2.29	TWO 4.29	<b>DINNER ROLLS (2)</b>	1.75
<b>CHICKEN SAUSAGE</b>		5	<b>FRENCH FRIES</b>	3.50
<b>COUNTRY GRAVY</b>		1.25	<b>MASHED POTATOES</b>	3
<b>BACON OR SAUSAGE</b>		5	<b>COTTAGE CHEESE</b>	3
<b>HAM STEAK</b>		6	<b>SEASONAL VEGETABLES</b>	3
<b>HASH BROWNS</b>		3.50	<b>POTATO SALAD</b>	3
<b>SLICED TOMATOES</b>		3	<b>COLESLAW</b>	3
<b>SAUTÉED MUSHROOMS</b>		4	<b>JASMINE RICE</b>	3
<b>AVOCADO</b>		3	<b>BAKED POTATO</b>	4

## BEVERAGES

<b>JUICE</b>	4/6	<b>MILK</b>	3.75/5
Orange, cranberry, apple, V8, tomato, prune, grapefruit		Regular or chocolate	
<b>COFFEE</b>	3.75	<b>LEMONADE</b>	3.75
Regular or decaf		<b>PELLEGRINO 500ML/LITER</b>	4/6
<b>SOFT DRINKS</b>	3.75	<b>FIJI WATER 500ML</b>	4
<b>HOT TEA/ICE TEA</b>	3.75	<b>SMART WATER 20oz</b>	3.50
Assorted flavors			

\$1.50 split plate charge. 15% gratuity will be added to parties of 8 or more. Not all ingredients are listed in the menu. Please let your server know if you have any food allergies. The Washoe County Health Department advises that eating raw, undercooked animal foods or animal foods that are not otherwise processed to eliminate pathogens such as meat, poultry, eggs, milk, seafood or shellfish poses a significant risk to everyone, especially the elderly, young children under the age of four years, pregnant women and other susceptible individuals with compromised immune systems. Thorough cooking or processing of foods to eliminate pathogens reduces the risk of illness.

# 24 HOUR BREAKFAST

Add a cup of fresh seasonal fruit to any breakfast entrée 2.50

Egg substitute or egg whites available for an additional 1.50

## FAVORITES

<b>BISCUITS &amp; GRAVY</b>	8	<b>EGGS BENEDICT</b>	16
Two homemade buttermilk biscuits, country gravy. With link sausage or bacon 9.50		Grilled English muffin topped with Canadian bacon, two poached eggs and Hollandaise sauce Served with hashbrowns	
<b>BREAKFAST BURRITO</b>	12	<b>PARROT BREAKFAST</b>	15
Two eggs scrambled, bacon, sausage, potatoes and cheddar cheese rolled in a warm tortilla. Served with housemade salsa		Two eggs, two strips of bacon, two sausage links, hashbrowns, biscuit and country gravy	

## EGGS, ETC.

Served with hash browns and your choice of toast, English muffin or homemade buttermilk biscuit

<b>SUNRISE BREAKFAST</b>	10	<b>HAM STEAK &amp; EGGS</b>	14
Two eggs, your way		Grilled ham steak & two eggs	
<b>TRADEWINDS BREAKFAST</b>	13	<b>SOUTHERN FRIED STEAK &amp; EGGS</b>	15
Two eggs, choice of four strips of bacon or three sausage links (chicken sausage add .50)		Breaded beef steak, country gravy & two eggs	
<b>NEW YORK STEAK &amp; EGGS</b>	21	<b>CORNED BEEF HASH &amp; EGGS</b>	13.50
Charbroiled USDA Choice New York steak & two eggs		Grilled corned beef, two poached eggs	

## THREE EGG OMELETS

Served with hash browns and your choice of toast, English muffin or homemade buttermilk biscuit  
Add cheese, tomatoes, onion, bell peppers, mushrooms, spinach, bacon, sausage, ham – each 1.00  
Egg white-only omelet for an additional 1.50

<b>DENVER</b>	13	<b>FRESH VEGETABLE</b>	12
Ham, bell peppers, onions and cheddar cheese		Tomato, bell pepper, onion, mushrooms, spinach	
<b>HAM &amp; CHEESE</b>	13	<b>LORRAINE</b>	13
Diced honey-smoked ham and cheddar cheese		Tomato, bacon, green onions and Swiss cheese	
<b>MUSHROOM &amp; CHEESE</b>	12		
Sautéed mushrooms & Monterey Jack			

## PANCAKES, WAFFLES & FRENCH TOAST

Complement with a cup of fresh seasonal fruit or seasonal berries 2.50

<b>PANCAKE SANDWICH</b>	12	<b>FRENCH TOAST</b>	10
Two buttermilk pancakes, two eggs, two bacon strips or sausage links. Substitute quinoa pancakes 13		Texas toast dipped in our special batter and grilled golden brown	
<b>GLUTEN-FREE BLUEBERRY QUINOA PANCAKES</b>	11	<b>FRENCH TOAST SANDWICH</b>	12
Fresh blueberries, maple syrup and whipped butter		Our famous French toast, two eggs, two bacon strips or two sausage links	
<b>CHICKEN &amp; WAFFLE</b>	13	<b>PANCAKE STACK</b>	9
Southern fried chicken strips and a delicious waffle		A full stack of three buttermilk pancakes Short stack 7.50	
<b>BELGIAN WAFFLE</b>	10		
Light, crispy & hot off the iron			

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# APPETIZERS

## SOUTHWEST CHICKEN LETTUCE WRAPS 10

Marinated chicken breast, baby iceberg lettuce, black beans, corn, shredded cheddar cheese, cilantro, and diced tomato. Served with crispy tortilla strips and chipotle ranch.

## CHEESE QUESADILLA 10

A grilled flour tortilla filled with Monterey Jack & cheddar cheese, Ortega chilies, housemade salsa, sour cream, guacamole & jalapeño peppers

With charbroiled chicken 13 | With broiled steak 16

## MACHO NACHOS 12

Crisp corn tortilla chips topped with grated cheddar and Monterey Jack cheese, nacho cheese sauce, jalapeño peppers and black olives. Served with sour cream, guacamole and housemade salsa

With charbroiled chicken 13 | With broiled steak 15

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## BUFFALO HOT WINGS

6 PCS 10 | 12 PCS 14 | 18 PCS 18

Lightly breaded chicken wings. Choice of ranch or bleu cheese dressing

## ONION RING TOWER 9

Tempura battered, deep-fried and served with ranch dressing and tangy BBQ sauce

## CHICKEN STRIPS 10

Lightly breaded breast of chicken, deep-fried. Ranch dressing or tangy BBQ sauce

## MOZZARELLA STICKS 9.50

With warm marinara sauce and ranch dressing

## COMBINATION PLATTER 16

Buffalo chicken wings, onion rings, BBQ pork ribs, mozzarella sticks

## ASIAN CHICKEN LETTUCE WRAPS 10

Marinated chicken breast, baby iceberg lettuce, Asian cabbage mix, and shredded carrots.  
Served with citrus ponzu and pineapple-sweet chili sauce

## CHICKEN POTSTICKERS 9

Pan-fried Chinese dumplings with chicken and Asian vegetables, ginger-soy and Thai chili sauces

# AWARD-WINNING SOUP & SALAD BAR

*A bounty of market fresh seasonal fruits, melon, chilled lettuces, vegetables, toppings and dressings, a collection of low-fat and specialty salads, deli meats, cheeses, Chef's homemade soups and our famous cornbread or sourdough bread.*

**LUNCH: 10 am – 4 pm 13**

**DINNER: 4 pm – Midnight 14**

**with an ENTRÉE 8**

## SOUPS & NOODLES

“Soup of the day” selections | Cup 4 | Bowl 5

**CLAM CHOWDER** Cup 5 | Bowl 6 | Sourdough Bowl 9

**WOR WONTON SOUP** 12

Savory broth, chicken wontons, shrimp, chicken, bok choy, spinach, mushrooms, water chestnuts, scallions

**BEEF PHO** 14

Thinly sliced beef, fresh vegetables, and rice noodles in Vietnamese-style seasoned beef broth

## SALADS

**SOUTHWEST SANTA FE CHICKEN** 16

Fresh garden greens, marinated chicken breast, corn, black beans, tomatoes, shredded cheese and cilantro in a spicy chipotle-ranch dressing

**SALMON QUINOA SALAD** 17

Broiled salmon filet atop shredded cabbage, bok choy, snow peas, red bell pepper, quinoa, and fresh raspberries tossed with raspberry-walnut vinaigrette

**CAESAR SALAD** 10

Crisp romaine lettuce tossed with Parmesan cheese, croutons, housemade Caesar dressing  
With charbroiled breast of chicken 13 | grilled shrimp 17 | grilled salmon 17

**ORIENTAL CHICKEN SALAD** 14

Oriental greens, julienne carrots, scallions, snow peas, mandarin oranges, fresh cilantro topped with wonton strips, cashews and grilled chicken breast with a spicy sesame dressing

**GREEN SALAD** 6

Crisp seasonal greens, cucumber, tomato and croutons

## BURGERS

*Served with choice of French fries, potato salad, coleslaw, fruit, cup of soup or garden salad  
Substitute gluten-free bun or bread (add 1.00)*

<b>BACON JAM BURGER</b>	14	<b>VEGAN 'IMPOSSIBLE' BURGER</b>	13
Fresh ground USDA Choice chuck patty, caramelized onions, cheddar cheese, housemade bacon jam on a brioche bun		Charbroiled Impossible™ burger patty, non-dairy cheese, avocado, lettuce, tomato, and onion	
<b>CHOPHOUSE BURGER</b>	13	<b>WESTERN BURGER</b>	14
Fresh ground USDA Choice chuck patty, lettuce, tomato, onion, pickles Add cheese 1.00   Add bacon 1.00		Fresh ground USDA Choice chuck patty, lettuce, tomato, cheddar cheese, applewood smoked bacon, onion rings and BBQ sauce	
<b>PATTY MELT</b>	14		
Fresh ground USDA Choice chuck patty, sautéed onions, Swiss cheese on grilled rye			

## SANDWICHES & WRAPS

*Served with choice of French fries, potato salad, coleslaw, fruit, cup of soup or garden salad  
Substitute gluten-free bun or bread (add 1.00)*

<b>BLT</b>	12	<b>DELI SANDWICH</b>	12
Applewood smoked bacon, lettuce, tomato Avocado (add 1.00)		Turkey, Ham, or Roast Beef with your selection of cheese on your choice of bread with lettuce, tomato and mayonnaise. Avocado (add 1.00)	
<b>CALIFORNIA CHICKEN WRAP</b>	13	<b>FRENCH DIP</b>	14
Grilled chicken breast, tomato, avocado, pesto mayo, Monterey Jack, lettuce, in a sun-dried tomato wrap		Thinly sliced USDA Choice roast beef on a grilled French roll with au jus	
<b>CHICKEN CAESAR WRAP</b>	13	<b>GRILLED HAM AND CHEESE</b>	13
Marinated chicken breast, romaine lettuce, sliced red onions, and grated Parmesan with Caesar dressing in a spinach wrap		Sliced ham, jack and cheddar cheeses, and tomatoes grilled on garlic butter sourdough	
<b>CLUBHOUSE</b>	13	<b>PHILLY CHEESE STEAK</b>	14
Triple decker of shaved smoked turkey, applewood smoked bacon, avocado, tomato, lettuce and Monterey Jack		Shaved roast beef topped with grilled onions, bell peppers, melted provolone and cheddar cheese, on a French roll	
<b>CRISPY CHICKEN CLUB</b>	13	<b>ROAD RUNNER</b>	14
Crispy breaded chicken breast, bacon, Swiss cheese, avocado, lettuce, tomato, and onion on a brioche bun		Sliced turkey, applewood smoked bacon, tomatoes, green chili and Monterey Jack on grilled Parmesan sourdough bread	

### MONTE CRISTO 13

Thinly-sliced ham, smoked turkey, Swiss and American cheese, egg-battered, deep-fried to a golden brown. Dusted with powdered sugar and served with warm strawberry compote

## JUST JUNIORS

*For guests 10 years and younger*

<b>ONE EGG, TWO STRIPS OF BACON OR SAUSAGE</b>	6.50	<b>SPAGHETTI</b>	6.50
Hash browns and toast		Monster meatball, marinara sauce and Parmesan cheese	
<b>HAMBURGER</b>	7.50	<b>MACARONI &amp; CHEESE</b>	6
Green salad, fresh fruit or French fries		Melted cheddar and garlic bread	
<b>GRILLED CHEESE JUNIOR</b>	6	<b>CHICKEN STRIPS</b>	7
Green salad, fresh fruit or French fries		Green salad, fresh fruit or French fries	

### ONE PANCAKE OR ONE SLICE OF FRENCH TOAST 5.50

With two strips of bacon or sausage

# STEAK, SEAFOOD, PASTA & MORE

Served with your choice of housemade soup or crisp green salad and Dutch crunch dinner roll  
 Substitute a baked potato, available from 11:30 am (add 1.00)

<p><b>RIB EYE STEAK</b> 28                  Charbroiled USDA Choice rib eye steak, Maître d' butter, fresh seasonal vegetables, mashed potatoes and gravy</p> <p><b>NEW YORK STEAK</b> 25                  Charbroiled USDA Choice New York, Maître d' butter fresh seasonal vegetables, mashed potatoes and gravy</p> <p><b>FAMOUS FISH &amp; CHIPS</b> 17                  Icelandic cod, beer-battered and deep-fried, with French fries, coleslaw and malt vinegar</p> <p><b>ASIAN STIR FRY</b> 15                  Stir fried vegetables with steamed jasmine rice                  Tofu add .50   Chicken add 2.00                  Filet tips add 3.00   Shrimp add 3.00</p> <p><b>CHICKEN PARMESAN</b> 17                  Lightly breaded chicken breast with our housemade marinara sauce and mozzarella cheese. Served with a side of spaghetti and garlic bread</p>	<p><b>GOLDEN FRIED PRAWNS</b> 18.50                  Panko-breaded, deep-fried jumbo prawns, cocktail and tartar sauces. Served with French fries and coleslaw</p> <div style="border: 2px solid black; padding: 5px;"> <p><b>JACK DANIEL'S® BBQ ST. LOUIS RIBS</b> 27                      Slow smoked St. Louis ribs, Jack Daniel's® barbecue sauce. Served with mashed potatoes and fresh seasonal vegetables</p> </div> <p><b>NEW YORK STEAK AND FRIED PRAWNS</b> 29                  Charbroiled USDA Choice New York steak and fried prawns, Maître d' butter, fresh seasonal vegetables, mashed potatoes and gravy</p> <p><b>SPAGHETTI &amp; MEATBALLS</b> 14.50                  A Parrot favorite. Spaghetti marinara, savory meatballs, with garlic bread.</p> <p><b>FRESH PACIFIC SALMON</b> 21                  Charbroiled salmon fillet, dill remoulade, fresh seasonal vegetables and steamed jasmine rice</p>
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# DOWN HOME DELIGHTS

Served with your choice of housemade soup or crisp green salad, Dutch crunch dinner rolls  
 Substitute a baked potato, available from 11:30 am (add 1.00)

<p><b>ROAST TURKEY</b> 16                  Oven roasted turkey breast served with cranberry sauce, fresh seasonal vegetables, mashed potatoes and gravy</p> <p><b>COUNTRY FRIED STEAK</b> 15.50                  Breaded beef steak served with fresh seasonal vegetables, mashed potatoes and country gravy</p> <p><b>LIVER &amp; ONIONS</b> 15                  Grilled tender beef liver, sautéed onions, crisp bacon. Served with fresh seasonal vegetables and mashed potatoes</p>	<p><b>OLD FASHIONED SOUTHERN FRIED CHICKEN</b> 15.50                  Crisp and juicy. Served with mashed potatoes and home-style country gravy, coleslaw and a hot flaky biscuit with honey</p> <p><b>BROILED SIRLOIN CHOP STEAK</b> 15                  Broiled USDA Choice ground chuck with grilled onions, mashed potatoes, fresh seasonal vegetables, mushrooms and brown gravy</p>
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## SWEET TREATS

<b>CHOCOLATE TREASURES CAKE</b>	6.50	<b>CARROT CAKE</b>	7
Chocolate cake layered with chocolate mousse, covered in a rich, dark chocolate ganache À la mode 7.29		Carrots, walnuts, cinnamon, honey and cream cheese icing	
<b>MANHATTAN DELI CHEESECAKE</b>	7.50	<b>APPLE PIE</b>	5.50
With your choice of strawberry, blueberry or chocolate topping 8		A flaky crust baked to golden perfection with cinnamon spiced apple filling À la mode 6.50	
<b>RUSTIC TRIPLE BERRY APPLE TART</b> 6.50			
Flaky pastry dough filled with blackberries, blueberries, raspberries and apples			

## CLASSIC SCOOPS

<b>HOT FUDGE SUNDAE</b>	7	<b>ROOT BEER FLOAT</b>	5.50
Two scoops of vanilla ice cream topped with delicious hot fudge, whipped cream, chopped nuts and a cherry		The classic cooler, frosty and refreshing	
<b>DEEP, DARK BROWNIE DECADENCE</b>	8	<b>BANANA SPLIT</b>	8
A rich, warm, melt-in-your-mouth brownie layered with two scoops of vanilla ice cream and velvety hot fudge, whipped cream, chopped nuts and a cherry on top!		Three scoops of ice cream and a sliced banana smothered with chocolate, strawberry and pineapple topping, whipped cream, nuts and a cherry	

## MILK SHAKES

<b>STRAWBERRY-BANANA</b>	7	<b>OLD FASHIONED</b>	6.50
Strawberry ice cream, fresh bananas		Chocolate, strawberry or vanilla	
<b>CHOCOLATE PEANUT BUTTER</b> 7			
Chocolate ice cream, peanut butter, peanut butter cookie crumbles			

## ICE CREAM SUNDAES

*Choice of vanilla, chocolate or strawberry ice cream drizzled with a choice of chocolate, strawberry or pineapple topping, whipped cream, nuts and a cherry*

ONE SCOOP 4      TWO SCOOPS 5      THREE SCOOPS 6

## JUST THE SCOOP

*Your choice of vanilla, chocolate or strawberry*

ONE SCOOP 3      TWO SCOOPS 4      THREE SCOOPS 5

*Specialty cakes for all of your extra special occasions  
may be ordered from Gourmet Grind ext. 3103 or 775.335.3103*

## ATLANTIS FUN CENTER SPECIAL

**Receive a \$10 Fun Center Game Card for just \$6!**

*With the purchase of any Juniors Entrée (\$4 savings)*

Visit our Family Fun Center located on the Second Floor.

*Ask how you can join our VIP Club Underground.*



*More Award-Winning Restaurants:*

### — ATLANTIS — **STEAKHOUSE**

Atlantis Steakhouse proudly serves Allen Brothers meats, USDA Prime cuts, chosen for their superb quality, marbling and flavor. Unsurpassed service and ambiance are second to none.

Dinner served Wednesday – Sunday from 5 pm.

Reservations recommended, please call 775.824.4430 or visit [atlantiscasino.com/dining](http://atlantiscasino.com/dining)



### *Bistro Napa*

Experience innovative small plates, perfect for sharing, delectable big plates, a raw seafood bar and playful desserts that are deceptively delicious. Sommelier selected 4,000 bottle wine cellar.

Daily social hour in the lounge from 4 pm – 6 pm. Dinner served nightly from 5 pm.

Reservations welcome, please call 775.335.4539 or visit [atlantiscasino.com/dining](http://atlantiscasino.com/dining)

### **Manhattan deli**

A great deli has a New York accent. Serving lunch and dinner from 11 am.



Voted Best Café! Wood-fired brick-oven pizza, pasta, sandwiches, salads and gelato.

Serving lunch and dinner daily from 11:30 am.



Voted Best of Reno year-after-year by locals.

Serving breakfast, lunch, dinner daily and Weekend Champagne Brunch.



The freshest seafood the oceans have to offer with fabulous views of the Sierra.

All-you-care-to-eat nigiri and maki sushi on the unique non-smoking Sky Terrace. Serving lunch and dinner daily from 11 am.



Enjoy Chicago-style hot dogs, pizzas, sandwiches, ice cream, shakes and soft drinks.